

Silica

Strengthens hair, nails,
bones, and teeth



- Promotes healthy skin, hair, and bones
- Aids detoxification
- Increases calcium absorption

ISO 17025
Accredited Laboratory



newrootsherbal.com



Silica



Horsetail is a perennial plant descended from enormous tree-like plants that thrived over 400 million years ago. The abundance of silica—that gives strength to their large hollow stems—has been recognized and harnessed for centuries for its medicinal value.

Silica is among the most critical trace elements, responsible for healthy bones, skin, hair, nails, and connective tissue. Silica-rich horsetail promotes the synthesis of structural proteins that include keratin and collagen, which lend strength and hardness to skin, hair, and nails. Horsetail also has a history of traditional use as a diuretic, and can prove useful for the treatment of uric-acid kidney stones.

New Roots Herbal's **Silica** strengthens hair, nails, bones, and teeth; promotes healthy skin; and increases calcium absorption.

Silica is also used in the treatment of cystitis, intestinal disorders, rheumatism, and gout.

Silica promotes the healing of broken bones and connective tissue. It aids in general detoxification. Silica is an astringent for diarrhea and dysentery, enterorrhagia, and hemorrhoidal hemorrhage. Externally, silica is used as a poultice for hemorrhoids and anal fistula.

Each vegetable capsule contains:

Field horsetail (*Equisetum arvense*), 7% silica..... 600 mg

Other ingredients: Vegetable magnesium stearate and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

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Suggested use:

Adults: Take 1 capsule twice daily or as directed by your health-care practitioner.

Manufactured under strict GMP (Good Manufacturing Practices).

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